

Menu is Subject to Change

Shenandoah High School Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
Ham, Egg & Cheese BF Bar w/Toast
PBJ Uncrustable
Pop Tarts
Avocado Toast w/Egg
Yogurt Parfait
Yogurt
Fresh Fruit, Juicy Juice
Choice of Milk

2
Mini Donuts
Pancake on a Stick
Bacon, Egg & Cheese BF Sandwich
PBJ Uncrustable
Yogurt Parfait
Fresh Fruit
Orange Juice
Choice of Milk

3
Egg Omelet Muffins w/Toast
Cereal w/Toast
Cinni Mini's
PBJ Uncrustable
Yogurt Parfait
Go-Gurt
Strawberries, Fresh Fruit, Orange Juice
Choice of Milk

4
Blueberry Muffin
Cereal
Chocolate Chip Breakfast Bar
PBJ Uncrustable
Yogurt Parfait
String Cheese
Fresh Fruit, Orange Juice
Choice of Milk

5
NO SCHOOL

6
Breakfast Power Bites
Breakfast Crisпитos
Avocado Toast w/Egg
PBJ Uncrustable
Yogurt Parfait
Applesauce, Fresh Fruit
Juicy Juice
Choice of Milk

7
Mini Pancakes
Cereal w/Toast
Breakfast Boat
PBJ Uncrustable
Yogurt Parfait
Blueberries, Fresh Fruit
Orange Juice
Choice of Milk

8
Scrambled Eggs, Bacon, Hashbrown
Toast
Apple Frudel
Cereal w/Toast
PBJ Uncrustable
Yogurt Parfait
Go-Gurt
Fresh Fruit, Orange Juice
Choice of Milk

9
French Toast w/Bacon
Pop Tarts
Avocado Toast w/Egg
PBJ Uncrustable
Yogurt Parfait
Cottage Cheese
Peaches, Fresh Fruit, Juicy Juice
Choice of Milk

10
Breakfast Pizza
Cereal Bar
Banana Squares
PBJ Uncrustable
Yogurt Parfait
Yogurt
Fresh Fruit, Orange Juice
Choice of Milk

11
Bacon, Egg & Cheese BF Sandwich
Mini Donuts
Avocado Toast w/Egg
PBJ Uncrustable
Yogurt Parfait
Go-Gurt
Fresh Fruit, Juicy Juice
Choice of Milk

12
Breakfast Sliders
Combo Links w/Toast
Cereal Bar
PBJ Uncrustable
Yogurt Parfait
Yogurt
Fresh Fruit, Orange Juice
Choice of Milk

13
Breakfast Taco w/Tator Tots
Pancake on a Stick
Cinni Mini's
PBJ Uncrustable
Yogurt Parfait
Go-Gurt
Mixed Berries, Orange Juice
Choice of Milk

14
Biscuits & Gravy
Breakfast Cookie
Avocado Toast w/Egg
PBJ Uncrustable
Yogurt Parfait
String Cheese
Mandarin Oranges, Juicy Juice
Choice of Milk

15
Waffles
Pop Tarts
Chocolate Chip Breakfast Bar
PBJ Uncrustable
Yogurt Parfait
Yogurt
Baked Apple Slices, Fresh Fruit
Orange Juice
Choice of Milk

16
Ham, Egg & Cheese BF Bar w/Toast
Breakfast Power Bites
Avocado Toast w/Egg
PBJ Uncrustable
Yogurt Parfait
Cottage Cheese
Pears, Fresh Fruit, Juicy Juice
Choice of Milk

17
Egg Omelet Muffins w/Toast
Cereal w/Toast
Breakfast Pizza
PBJ Uncrustable
Yogurt Parfait
Fresh Fruit
Orange Juice
Choice of Milk

18
Waffles w/Bacon
Pop Tarts
Muffin
PBJ Uncrustable
Yogurt Parfait
Yogurt
Strawberries, Fresh Fruit, Orange Juice
Choice of Milk

19
Sausage, Egg & Cheese Biscuit
French Toast w/Sausage
Avocado Toast w/Egg
PBJ Uncrustable
Yogurt Parfait
Raspberries, Fresh Fruit
Juicy Juice
Choice of Milk

20
Egg & Cheese Omelet w/Sausage
Bagel w/Cream Cheese
Chocolate Chip Muffin
PBJ Uncrustable
Yogurt Parfait
Peaches, Fresh Fruit
Orange Juice
Choice of Milk

21
Breakfast Boat
Breakfast Crisпитo
Mini Donuts
PBJ Uncrustable
Yogurt Parfait
Yogurt
Fresh Fruit, Orange Juice
Choice of Milk

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